emotions as the foundation and from this level the knowledge pops up through feelings. Discoveries are documented with models and other visual means. How the mind, or embodied mind encounters architecture? What kind of spaces trigger the act of becoming aware of the experience.

So somewhere under the continuous movement of the mind are the images, but I feel safety at the edges of my body movement in stability. The suspension is triggered first by the experience of ground. The experience is multisensory. The suspension is triggered first by the opening body -mind connection to others caused a reaction and our movements. This surrendering, opening to be with the physical structure and the experience of the space created by trees extending from ground.

The base of my work is in the embracing the knowledge of silence from which everything grows. Silence needs light to create an opening, a turning point. This knowledge brings us close to intuition and intimacy. 

"Consciousness is in effect the key to a life examined" - Francisco Varela, with Na Depraz, Varela, Vermersch, 2001. The method of practising epoché is applied in different ways in 3 Laboratories: The method how to access the first-person experience based on neurophenomenology and architecture.

The method of practising epoché is applied in different ways in 3 Laboratories. I am curious to find out how I apply the ideas in 3 Portable laboratories. The experience is multisensory. The suspension is triggered first by the opening body -mind connection to others helped in perceiving experience of the space created by trees extending from ground.

LAB PARIS

LAB BODY+ SPACE

LAB FOREST

"In the experience of perception we can see..." - Taiji Tomatsu. The suspension is triggered first by the opening body -mind connection to others helped in perceiving experience of the space created by trees extending from ground. For first couple of hours we surrendered to be moved by others, in groups of two. She opened our spinal column with slow movements. Concentrating on breath is the first step to lead us and bring us closer to our instincts and intuitive knowledge. The experience is multisensory. The suspension is triggered first by the opening body -mind connection to others helped in perceiving experience of the space created by trees extending from ground.

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